

# **CAHL Rules & Regulations**

## ***Playing Rules***

USA Hockey rules shall govern game play of all sanctioned CAHL games at the Ice Den.

## ***Game Times***

All CAHL games consist of 80 minutes of ice time. Slots consist of a 3 minute warm up and (3) 15 minute stop time periods. Due to scheduling efficiency, all games will start and end in accordance with the daily facility schedule.

## ***Running Time***

In the event a game is in jeopardy of completing within the allocated time slot, the facility scorekeeper shall inform the referee and the team rep that the game will proceed using the run time format. Scorekeepers are also instructed to run the time clock due to unnecessary delays.

## ***Ties / Overtime***

If the score is tied at the end of regulation play during the REGULAR SEASON a shoot out will commence with each team selecting five skaters to alternately attempt a penalty shot. The visitors will start and the home team will have the opportunity to answer a goal. If the five player shoot out ends in a tie the game will be declared a tie. If a team prevails in the shoot out they will be awarded an additional point.

If a game is tied at the end of regulation play during the PLAY-OFFS a 5 minute stop time sudden death overtime period will commence. If the game remains tied after the OT period a shoot out will begin with each team selecting five skaters to alternately attempt a penalty shot. The visitors will begin and the home team will have the opportunity to answer a goal. If the game remains tied after the initial shoot out, it then becomes a "sudden death shootout" with visitors shooting first. If the visitors score, home team gets a chance to answer the goal. Each player can only shoot once, unless one team runs out of players. If this occurs the rotation can start over for both teams.

If a player is in the penalty box at the end of regulation play and has not served the full penalty that player will not be eligible to participate in the shoot out in either regular season or play-off games.

### ***Forfeits***

In the event a team is forced to forfeit a game for any reason, the opponent shall receive an automatic 1 – 0 victory. The opponent shall have the opportunity to utilize the allocated ice time for scrimmage. Referees and scorekeepers are not available.

### ***Player Equipment***

In accordance with USA Hockey rules and enforced by the game referees, all CAHL players must wear full equipment including an HECC certified helmet. In addition to a certified helmet, a full facemask is also highly recommended for the safety of all participants.

### ***Jersey Policy***

Prior to registering with the CAHL, each team must show proof that their team has a set of matching jerseys complete with individual player numbers. Upon registering in the CAHL, any team that does not meet this requirement must make arrangements with the CAHL Director, who in cooperation with the Ice Den will provide various jersey options “at cost” to the team(s). Once the team can prove a jersey order has been placed, the CAHL will provide numbered “pull-over” jerseys that must be worn until the regular jerseys arrive. Team Goalies must also have the same color jersey as the team.

**Teams must provide a team jersey (w/ number) to any sub. If a team cannot supply a team jersey to the sub, the approved sub will be issued a numbered CAHL “pull-over” that must be worn during the game.** The numbered “pull-over” will serve as a visual signal to the opposite team and the referees that said player is documented and has been approved by the CAHL to participate in said game.

### ***Referees***

All CAHL games are refereed by members of the Phoenix Ice Hockey Referees Association. PIHRA is USA Hockey certified and has full control of all game officials and players. Referees have jurisdiction and all appropriate USA Hockey rulings made by a referee during a game will be supported by the CAHL Staff and the Disciplinary Committee.

**At no time shall a CAHL player confront a referee following a game. This includes but not limited to accessing the Referee’s Room. This room is reserved exclusively for the**

**referees. Any player who violates this rule shall be subject to an immediate disciplinary hearing and suspension from the CAHL.**

Note: Although you may not agree with every call made (or not made) by the referees, it is important to remember that as a player in the CAHL, you are responsible for conducting yourself in a professional and appropriate manner (see *Player Conduct*). The CAHL also has zero tolerance for abuse of officials (see *Zero Tolerance*).

### ***No Referees Present for Game***

In the event no referees are present for a scheduled game, the game will be rescheduled at a later date. Teams may utilize the ice for half-ice practice or scrimmage. Teams will be expected to monitor themselves during these times and may be subject to disciplinary action if incidents occur.

### ***Scorekeepers***

The Ice Den and the CAHL employ scorekeepers for all CAHL games. Scorekeepers act as off-ice officials and are responsible for clock management and the official scoresheets. Scorekeepers are also available to the Disciplinary Committee for statements regarding on and off-ice incidents.

### ***Rosters***

All teams are allowed to roster a maximum of 20 players. CAHL requires a minimum of 16 paid players per team. A rostered player constitutes a player that:

1. Completes all CAHL and USA Hockey registrations
2. Makes payment on all CAHL and USA Hockey fees

Players ARE NOT considered rostered if the above items are not complete. **Failure of a player to comply with any of the above will result in forfeit of any upcoming games until the discrepancy is rectified or the forfeit of any wins said team may have incurred while playing with a non-rostered player(s). All players must have played a minimum of (5) league games to qualify for playoff competition.**

### ***\*Substitute Players***

All substitute players MUST be properly registered with the CAHL and have paid all USA Hockey fees. Substitutes MUST pay a \$100 fee which allows them to participate in five (5) CAHL games.

participated in. The team captain may also be issued an automatic 3-game suspension.

### ***Scoresheets – Now POINTSTREAK***

Scorekeepers for all CAHL games will utilize the new POINTSTREAK scoring system. This system not only provides official rosters for all games but also allows CAHL players and their fans to keep track of specific games in real-time via the Ice Den website. Prior to each game, the captains are required to verify their rosters with the scorekeepers, noting any player deletions or approved substitutions for said game.

At the conclusion of each game, the captains are required to review POINTSTREAK with the scorekeeper. The referees also have the ability and obligation to record any major penalty or make other game notes requiring the attention of the commissioner.

### ***4 Penalty Rule***

Players committing any (4) penalties in one game shall be removed from the current game and subject to further suspension pending review of the penalty infractions by the CAHL Director. During each season, players with multiple infractions of the 4 Penalty Rule are subject to more severe game suspensions and possible league expulsion pending review by the CAHL Director.

### ***Zero Tolerance***

CAHL enforces a zero tolerance policy for abuse of officials and scorekeepers. Abuse includes verbal, physical or otherwise. Abuse of officials will result in an immediate and indefinite suspension, pending a review by the CAHL Disciplinary Committee. Pending the outcome of this review, the Ice Den and CAHL reserves the right to impose lifetime expulsion from activities at the Ice Den.

### ***Game Misconduct Penalty***

In accordance with USA Hockey, any player receiving a game misconduct is ejected from the current game and must also miss the next scheduled league game. The CAHL Director will automatically review the penalty and determine if it warrants a Disciplinary Committee meeting wherein the committee has the ability to impose further game suspensions and or other disciplinary action.

### ***Gross or Match Penalties***

According to USA Hockey, any player receiving a Gross or Match penalty shall be ejected from the current game and automatically suspended for 30 days or until a meeting is held and a ruling made by the CAHL Disciplinary Committee. The committee also has the right NOT to meet within the 30 day time period. If this occurs, the player is reinstated after the 30<sup>th</sup> day. Gross Misconducts and Match penalties may result in league expulsion.

### ***Accrued Penalty Minutes***

Any player who is assessed 50 penalty minutes (spring/summer season) and 60 minutes (fall/winter season) will receive a one game suspension. This will be in addition to any other suspensions that may have been imposed as a result of accruing those penalty minutes. If that player is subsequently assessed additional penalty minutes resulting in a total of 75 minutes for that season, they will be suspended for the remainder of the season.

### ***Fighting***

In an effort to protect our players, the CAHL has adopted a strict fighting policy. The CAHL Disciplinary Committee will support the on-ice decisions of the Phoenix Ice Hockey Referee Association.

**As with all penalties called by the officials, the CAHL Director and/or Disciplinary Committee will not overturn a Rule 613 Fighting penalty. In addition to the minimum USA Hockey suspension, upon review the CAHL Director can also issue:**

- **7-game minimum suspension (gloves on)**
- **10-game minimum suspension (gloves off)**

The Disciplinary Committee will also review all fighting incidents and will determine if further game suspensions and or other disciplinary action including league expulsion is warranted.

### ***Spearing***

Spearing is defined by USA Hockey as the act of poking an opponent with the tip of the blade of the stick while holding it with one or both hands. The CAHL considers this to be a very serious offense and any player who is assessed a spearing penalty will be suspended for (5) games, pending a review by the CAHL disciplinary committee.

### ***Disciplinary Procedure***

Any violation or infraction requiring additional disciplinary action (other than Gross/Match Penalties) will be dealt with in the following manner:

Within **(30) days** of the violation or infraction, the Disciplinary Committee and, if necessary, any other appropriate parties will conduct a meeting to review, discuss and render a decision regarding any such disciplinary action. The committee also has the right NOT to meet within the 30 day time period. If this occurs, the player is reinstated after the 30<sup>th</sup> day.

### ***Playoffs***

Each CAHL season ends with playoffs. The playoff format, dates and times for each season will be determined by the CAHL Director and will be distributed to the team reps and posted on the website. Upon scheduling the playoffs, the CAHL Manager will attempt to schedule games on regular divisional days of the week. However, these days are not guaranteed and teams may have to play on varying days.

### ***Game Cancellations***

Although alterations to the schedule are avoided at all costs, the Ice Den reserves the right to cancel or alter any CAHL game due to facility malfunction or other circumstances. In the event a game(s) must be canceled, facility management will notify the CAHL Manager immediately. The CAHL Director will then notify the team reps of the effected teams as well as post messages on the website.

*Although the CAHL staff will make every effort to contact individual players, **it is the team rep's responsibility to notify all their rostered players and inform them of the situation.***

In the event a CAHL game(s) is canceled, the facility shall reschedule game(s) prior to the season ending playoffs.

### ***Player Code of Conduct***

All members of CAHL are required to conduct themselves in a professional and appropriate manner both on and off the ice while at the Ice Den. The Ice Den is billed as a family entertainment center and failure to uphold this standard is unacceptable and will not be tolerated. Violators may be subject to a Disciplinary Committee review.

The following guidelines are to be adhered to at all times while at the Ice Den:

1. Foul language will not be tolerated
2. Players are to treat all facility employees with respect
3. Players are to dress in the locker rooms only
4. Hockey of any kind is to be played on the rinks only
5. Ice access is not allowed until the start of your game
6. No access to the ice until the Zamboni doors are closed

### ***Alcohol Policy***

**Consumption of alcohol in the locker rooms, parking lots or other location at the Ice Den (aside from the Ice Den restaurant) is prohibited.**

### ***Drug Policy***

Drug abuse at the Alltel Ice Den is also strictly prohibited and violators will suffer expulsion from CAHL and will be subject to prosecution.

### ***Locker Room Policy***

Locker Rooms at the Ice Den are automatically assigned to each team, however the locker rooms will remain locked.

To obtain the key, teams must check-in at the Information Center no sooner than 1 hr. prior to the start of their game. A team member must sign out the key and leave a set of car keys with the attendant who will secure all car keys. The locker room should be clean and undamaged. Please inspect the room prior to use as the key holder is responsible for the condition.

Each team is responsible for leaving the room clean and undamaged. It is recommended the key holder **organize the team to assist with clean up** as it must be left in the condition the team received it before car keys are returned.

Please take every precaution with your valuables. Even if the locker room is locked, you are advised to utilize the personal lockers located in each rink. **Remember, the Ice Den is not responsible for lost or stolen personal property.**

### ***Vandalism Policy***

The Ice Den is regarded as a first class ice facility. As members of CAHL, you are required to keep it this way. Any player/team found vandalizing any area or component of the Ice Den will be suspended immediately and indefinitely and subject to a

Disciplinary Committee review and may suffer expulsion from CAHL. In addition, violators will be responsible to pay for all damage sustained.

***Security & Video Cameras***

The Ice Den is equipped with cameras throughout the interior of the facility. These cameras along with on-site security personnel and facility employees are at the disposal of facility management and CAHL. These options will be utilized when applicable in the event of an incident and to also monitor general conduct.

Copies of are not made available to the general public. Access is only for the exclusive use of Ice Den Management, league “proper authorities” and law enforcement.